# Chase City Health and Rehab Center

Presents

# ALZHEIMER'S DISEASE

AND

## DEMENTIA CARE SEMINAR

This is the required seminar for those pursuing certification as CDP/Certified Dementia Practitioner\* or for those who just want to enhance their dementia education

\*To see if you qualify for CDP, please see

www.NCCDP.org

Date/Time

June 25 OR June 26

8:30 to 5:00 with lunch provided

**Registration Information** 

Tuition is \$125 per person which includes student notebook, lunch, and snacks. Please <u>sign up by June 10<sup>th</sup></u>, as seating is limited! Reply to: Robin S. Parrott, LNHA Administrator at 1-434-372-8885 Or: <u>rparrott@chasecity-rehab.com</u>

### Course Goals and Objectives:

- To provide fundamental education on dementia and dementia care
- To enhance the quality of life of dementia patients through educating care providers
- To foster sensitivity and respect for the dementia client
- To teach communication techniques
- To provide sensitive approaches for assisting patients with activities of daily living
- To identify common causes of aggressive, repetitive and sundowning behaviors in older adults

- To describe behavioral/care interventions that may be used to prevent, reduce, or eliminate difficult care situations
- To describe challenges related to caregiver stress and utilize stress reduction techniques
- To present alternative activity interventions that are success oriented
- To learn how to develop a Wandering Preparedness Team
- To address issues of sexuality and the dementia person
- To address end-of-life care

#### Instructor:

Lora Epperly is the Director of Business Development and Care Innovations for Commonwealth Care of Roanoke, Inc. (CCR). Ms. Epperly has significant experience in the long term care, acute care and home care settings, corporate health and benefits arena, having been an RN for 41 years. She has experience on a personal level as well as professionally in caring for persons with Alzheimer's and Dementia.

Lora holds certifications as Dementia Care Practitioner, Alzheimer's Disease and Dementia Care Trainer, and Certified First Responder Dementia Trainer. She is very passionate about the quality of life of people with dementia and the education of care givers for these people.

### **Continuing Education**

Commonwealth Care of Roanoke (CCR) is a Certified Sponsor of professional continuing education with the National Council of Certified Dementia Practitioners and International Council of Certified Dementia Practitioners for members holding certifications as CDP, CDCM and CADDCT. CEUs can be earned by attending sessions at Chase City Health & Rehab conference on either June 25 or June 26. Conference participants will be eligible to receive up to 7 CEUs. If you have questions about continuing education units please email Lora Epperly at <a href="mailto:lepperly@commonwealth-care.com">lepperly@commonwealth-care.com</a> or call 540-725-8910 and ask for Lora Epperly.